



Men's Anger Management Group

THURSDAYS Beginning in July (8 weeks)

7:00 PM– 8:30PM

Cost:\$50 per session

Please Contact: Michael Williams, MS, CCTP, to register

609-817-HEAL (609-817-4325)

Is your anger causing troubles at work, home or school? This group offers a place for men (aged 18 and over) to learn how to express and cope with your anger in a healthy and supportive manner. Begin your path to your new beginning now!

This is a closed group, meaning that once the group is full, new members will not be able to start until the next 8 week cycle. This allows for the existing group to develop a trusting and safe relationship.